

activating the first insulating layer by treatment with an
activator;

then applying and patterning a second insulating layer; and

then seeding and metallizing the first insulating layer.

5. The process according to claim 4, which comprises forming
the first insulating layer and the second insulating layer from
the same material.

6. The process according to claim 5, which comprises patterning
the first insulating layer before the second insulating layer is
applied.

7. The process according to claim 4, which comprises patterning
the first insulating layer before the second insulating layer is
applied. --